



AUSTRALIAN KARMA RUB

NATURAL LIQUID MAGNESIUM



Karma Rub is a must for people who participate in sport. Physical activity depletes the bodies natural Magnesium levels. If you are very active, Karma Rub can replenish this faster.



Why Karma Rub?

Karma Rub is a liquid magnesium taken from our Australian Farm's natural aqueduct.

With high concentrations of naturally occurring magnesium and trace elements, our products are designed to be applied directly to the skin, so it can go straight to where it's needed most.

Research has shown the rate of Magnesium absorbed through hair follicles is 90%, much higher than the 30% gut absorption achieved by taking powder or tablets orally.

Magnesium regulates calcium levels in the body and is essential in carrying oxygen to, as well as lactates from, muscle groups.

It's integral for the function & development of muscles, nerves & cellular growth, making it ideal for speeding up recovery after physical activity, injuries and many operations.

Magnesium can relax tissue, tendons and nerves giving the added benefit of pain relief.

Magnesium also activates many enzymes in the body that are positive for inner health.

The anti bacterial properties of Liquid Magnesium may assist with skin disorders, and also contribute to a very long shelf life.

Karma Rub products are natural and can be used as often as needed.

They're safe to use on adults, children.

Rejuvenate, relax, repair.

Karma Rub liquid magnesium products for a better life.

Karma Rub | Directions

Application is very easy. For most products all you need to do is apply to the skin around the problem area, where it'll be absorbed through the hair follicles in a matter of minutes.

If desired, the area can be washed/wiped after 20 mins, as maximum absorption will have been achieved during this time.

Please refer to the individual labels for exact usage instructions for each product.

PLEASE NOTE: Karma Rub may help relax muscle, nerves, tendons and tissue - so it will not fix structural problems like bulging discs, pinched nerves from a twisted spine. If you use to no effect, always seek medical advice.

Due to the purity and high levels of magnesium in Karma Rub some people experience a slight tingling sensation. This can be relieved by applying moisturiser or carrier oil to the product. When used regularly this sensation disappears.



Please note all products contain essential oils too. If you have sensitivity to any oils, check the label carefully prior to use.

All treatments for the relaxation of muscles and nerves can be achieved fairly quickly, balancing calcium levels and alleviating arthritic problems take consistency and time. Please be diligent and patient.



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TESTIMONIALS FROM OUR AUSTRALIAN FACEBOOK

Lyn French It gave me almost instant relief from cramps in my hands and calf, it's brilliant, Trial size was only \$5 So Impressed I bought a few for friends, they swear by it. May 25 at 12:14am

Christine Street Can't recommend Karma Rub highly enough. It is absolutely fantastic. Best thing I have ever come across. I couldn't survive without it. Use it morning and night. Recommend it to everyone. Pity I don't have shares in it! The amount of people I have told about it. May 2 at 2:19pm

Raelz Gebhardt Have ongoing trauma from vehicular accident. It's been over 33 years. Since I 'found' Karma Rub and used consistently on my aching bits, have relief like I could not have imagined. I swear by this product for all sorts of external problems. Aches and pains, begone! Therefore the 'magnesium' information is irrelevant in my case. Think about it.

Rève De Fée Brilliant stuff. I have been using it for about 6 months, to help with muscle and joint pain. I actually get relief.

Dawn-Marie Lynch Great product!! Nothing, i mean nothing would cure my constant aching shoulder blade. Physio, remedial massage, pain killers for the last 12, months!! A friend rubbed some of theirs into the area instant relief, i bought some use it twice a day it cant hurt you, no pain!! Will go down to once a day next week and see how that goes. Also night cramps its great to stop those. April 11 at 6:50am

Marketa Podhajsky Even my dog using it 🙌❤️ April 30 at 12:01pm

Heather Nagle Karma rub is fantastic for all my ailments, especially my bad lower back/sciatica. I've even started adding a cap full into my baths to relax all the muscles. Brilliant product! June 1 at 6:20pm

Bev Erskine A wonderful Australian product that works really well for me, thank you

Lidija Malkic This rub is magic and I regularly sending to Croatia and Queensland June 2 at 8:52pm

Jenean Todd Yes, for months I had an irritating constant itch on both arms from elbow to wrist. No idea what caused it. I used karma oil, (much more than 4 drops though,) within 15 minutes the itch was gone and hasn't returned. Also works for muscle soreness and headaches. I have also stopped needing magnesium tablets for night cramps. It's great!

Judy N Clive Cooke Kerrynne Potter I have been using Karma Rub since January. I suffer from really bad headaches that start in between my shoulders and radiate out to the tips of my shoulders and up the back of my neck. I use Karma Rub in this area and it really has worked for me. I use this product every day and I think it is a God send for me. Love this product June 4 at 10:16am

Verity George KARMA RUB IS THE BEST MAGNESIUM EVER! AND BELIEVE ME I HAVE TRIED EVERYTHING ELSE! June 3 at 12:16pm

Barbara Colliver Fantastic product used it when I had surgery & many times since. 10 out of 10! June 3 at 1:24pm

Dianne Hall Love this product. recently discovered it at my Amcal Pharmacy. Great relief from my chronic pain. Thank You 😊 June 4 at 5:51pm

Christine Street Dianne Coren and me. Would have probably had a shoulder operation by now if it hadn't been for this. June 9 at 5:57pm

Shelley Stockill I have had chronic pain in my feet and karma rub has helped me immensely!! I use it everyday 😊 i also use it on my daughter who gets back pain from growing pains and she now has undisturbed sleep! i have referred it to many of my friends and family and they say it has helped them greatly... anything from arthritis to migraines 🙌🙌 so glad i found it 🙌🙌 March 13 at 3:56pm

Nicky White I love Karma Rub has really helped my osteo arthritis in my hip. I woke up yesterday with an aching hip rubbed karma rub on and it had totally disappeared in half hour it lasted all day until around 4pm. Winning 🙌 March 13 at 4:09pm

Barbara Gaston Well, I have told my story a few times now, I was put on to it by a friend, in fact she gave me a sml sample bottle to try on my knee upper right arm, I put it on twice a day, after about three days pain was gone & sleeping better at night! I swear by it, and wouldn't be without it. I have also recommended to other people and they say the same. THANK YOU KARMA RUB!!! March 6 at 10:56pm · Edited

Jason Rawlings Unbelievable stuff. I have been reading a bit about Karma rub for a while and debating whether it would work or not. I'm very cautious about these kind of things. Only 4 days ago I walked in to my chemist and saw Karma rub, so I bought a bottle, tried it, my wife also tried it and couldn't believe instant relief. My back has never felt better as well as my legs since back surgery last year. Think I will buy a box of it. Thank you Karma Rub. March 2 at 6:37am

Bill White I have had amazing results with it ,cramps, headaches and arthritis pain all gone. I have been able to stop some tablets and that is a big plus. February 27 at 9:30am

Robyn Sainter Great product! Only thing that relieves my arthritic knee! February 27 at 12:11pm

Jessie Mayne i call it liquid gold, its fantastic for my arthritis and back pain. Will recomend to all my friends February 23 at 8:09am

Yvonne Knight Love karma rub, works wonders for me, i have fibromyalga and wouldn't be without it, thank you karma rub February 23 at 8:13am

Liz Mac It really works, I had herpies and every flare up I put it on , last 5 years I haven't had a flare up. Love it. February 23 at 6:19pm

Julie Fidler I tried it for nerve pain and it was excellent worked almost instantly love it February 19 at 7:43pm

Joyce Dunstan Rankin Just bought it couple of days ago. Restless legs, Arthritis, hip pain and it is working great. Slept so well each night. February 19 at 8:19pm

Bill White After 26 years of rheumatoid arthritis I tried this last night on my hands and pain was gone within a short time. I slept all night for the first time for ages. February 16 at 10:08am

To read what else Karma Rub has done for people, check out the testimonials at:

 facebook.com/karmarub